stamp place upon themselves in the presence of enemies and superiors improves their character and prevents it from becoming too acrid and sour.

45-

NOT TO BE Too DEJECTED.—To get bed-sores is unpleasant, but no proof against the merits of the cure that prescribes that you should take to your bed. Men who have long lived outside themselves, and have at last devoted themselves to the inward philosophic life, know that one can also get sores of character and intellect This, again, is on the whole no argument against the chosen way of life, but necessitates a few small exceptions and apparent relapses,

46.

THE HUMAN "THING IN ITSELF/'—The most vulnerable and yet most unconquerable of things is human vanity: nay, through being wounded its strength increases and can grow to giant proportions,

47-

THE FARCE OF MANY INDUSTRIOUS PERSONS. —By an excess of effort they win leisure for themselves, and then they can do nothing with it but count the hours until the tale is ended.

48.

THE POSSESSION OF JOY ABOUNDING.—He that has joy abounding must be a good man, but pefhaps